



ALL NATURAL PASTA & SAUCES

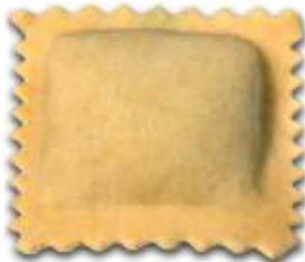
You'll be amazed with every bite! Prepared in small batches with unwavering attention to detail, Metropolitan's extensive range of *all-natural* filled and flat pastas, as well as signature recipes prepared especially for your menu, are sure to impress.

QUALITY FOCUSED. CUSTOMER DRIVEN



A delight in every bite—There's no shortage of choice with Metropolitan's All-Natural Fresh Frozen Pastas and Sauces. With an unwavering attention to detail this pasta is prepared in small batches using only the finest, freshest ingredients. Choose from one of our signature recipes such as Sweet Potato, Quinoa & Kale or customize flavors and ingredients tailored for your menu. Need something for your VEGAN or GLUTEN FREE customers? We have you covered. From egg fettuccine to saffron linguine, we have flat pasta to meet any need there as well. With Metropolitan All-Natural Pasta—it's what's inside that counts!

MEDIUM SIZE SQUARE RAVIOLI—28 PIECES/LB—10 PIECES/PORTION



#11511 BUTTERNUT SQUASH—Slowly roasted butternut squash is mixed with sweet herbs and folded with creamy ricotta cheese. Wrapped in delicate egg dough. 6# cs.

#11641 GLUTEN FREE RICOTTA, PEA & MINT—Fresh Ricotta cheese mixed with peas and mint create a bright burst of flavor in medium sized wheat free dough. 6# cs. NEW

#11668 PUMPKIN—Roasted pumpkin blended with ricotta and romano cheese, nutmeg and sage. Wrapped in delicate egg dough. 6# cs.

#11499 QUATRO FORMAGGIO—Ricotta, parmesan, romano and mozzarella cheeses with a touch of garlic. Wrapped in delicate egg dough. 6# cs.



#11771 SPINACH & CHEESE

Garden fresh spinach mixed with creamy ricotta cheese. Wrapped in delicate egg dough with a spinach stripe. 6# cs.



#11964 MASCARPONE & SUNDRIED TOMATO

Sundried tomatoes mixed with mascarpone cheese, caramelized onions and garlic. Wrapped in egg dough with tomato stripe. 6# cs.

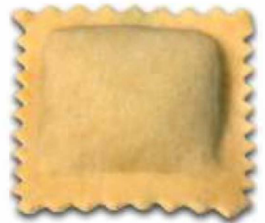
#11528 PORTOBELLO & FENNEL

Slowly roasted portobello mushrooms and braised fennel are mixed with crème fraîche, lemon zest and fresh chives. Wrapped in delicate chive dough. 6# cs.



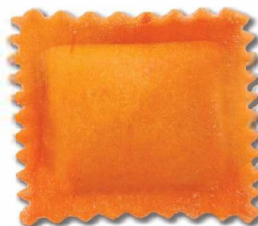
#11713 GLUTEN FREE SWEET POTATO, QUINOA & KALE

An innovative blend of sweet potato, nutty quinoa, garden fresh kale and a pinch of savory parmesan cheese all wrapped in a medium sized, gluten free dough. 6# cs.



#11531 PUMPKIN SAGE

Roasted pumpkin mixed with ricotta and romano cheeses. Wrapped in delicate pumpkin dough with a sage stripe. Perfect with a pinch of nutmeg. 10# cs.



#11543 SWEET POTATO

Oven roasted sweet potatoes with creamy ricotta cheese and sweet and savory herbs. Wrapped in delicate sweet potato dough. 10# cs.

METROPOLITAN IS: QUALITY FOCUSED—CUSTOMER DRIVEN

LARGE SIZE SQUARE RAVIOLI—20 PIECES/LB—5 PIECES/PORTION—6# CS.



#11542 BRAISED BEEF SHORT RIB—Braised short ribs mixed with mirepoix and a wine reduction, then finished with fresh herbs. Wrapped in delicate egg dough.

#11591 BURRATA CHEESE, ASPARAGUS & LEMON ZEST—A delicious blend of ricotta, mozzarella, romano and parmesan cheeses with tasty asparagus and a zest of lemon. Wrapped in delicate egg dough.

#11560 BUTTERNUT SQUASH, GOAT CHEESE & APPLE—A savory/sweet blend of fresh butternut squash, creamy goat cheese and apple, spiced to perfection. Wrapped in delicate egg dough.

#11617 POBLANO PEPPER & CHIHUAHUA CHEESE—A mixture of finely chopped poblano peppers, ricotta and chihuahua cheese with a dash of fresh cilantro. Wrapped in delicate egg dough.

#11571 ROASTED CAULIFLOWER—A creamy mixture of roasted cauliflower and ricotta with a light touch of gruyere cheese and spring onions. Wrapped in delicate egg dough.

#11550 ROASTED VEGETABLE & GOAT CHEESE—Eggplant, red bell pepper, zucchini, carrots, onions and garlic are coarsely chopped and sautéed with fresh basil, oregano then blended with creamy goat cheese. Wrapped in delicate egg dough.

#11619 EGGPLANT, CHICKPEA & TOMATO—A Mediterranean blend of eggplant, chickpeas, tomato and feta flavored with fresh parsley, cumin and coriander. Wrapped in delicate egg dough.

#11573 FAVA BEAN, PEA & MINT—A refreshing blend of fava beans, ricotta & mozzarella cheeses, and green peas; complimented by a hint of mint. Wrapped in delicate egg dough.

#11702 LEMON RICOTTA—Fine ricotta cheese, garden-fresh herbs and a pinch of lemon zest. Wrapped in delicate egg dough.



#11504 SPINACH & RICOTTA—Fresh spinach with ricotta, swiss and parmesan cheeses in large square egg dough with spinach stripes.



#11547 SAUSAGE & SWISS CHARD—Italian sausage and swiss chard blended with parmesan and romano cheeses in a large square red pepper flake dough.



#11559 FRESH PUMPKIN—Fresh local pumpkin wrapped in large square egg dough with pumpkin stripes.

#11592 FRESH MOZZARELLA, ROASTED TOMATO & CORN—Fresh mozzarella is blended with roasted tomato and fresh corn to create an instant classic. Wrapped in delicate egg dough.

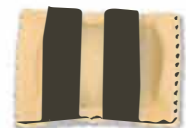
#11505 PORTOBELLO MUSHROOM & ONION—Portobello mushrooms and caramelized onions are blended with Asiago, Fontina and ricotta cheeses. Wrapped in delicate egg dough.

#11576 ROASTED BUTTERNUT SQUASH & MASCARPONE—Roasted butternut squash & mascarpone wrapped in delicate egg dough.

#11557 YUKON POTATO & BLACK TRUFFLE—Fresh oven roasted potato mixed with creamy cheeses, perfected with black truffle and wrapped in an egg-less dough.



#11527 WILD MUSHROOM—Fresh cremini and portobello mushrooms mixed with parmesan and fontina cheeses, wrapped in large square egg dough with porcini stripes.



#11526 LOBSTER MASCARPONE—Maine lobster, sherry, cream and leeks blended with mascarpone cheese in large square black and white striped egg dough.

SEE OUR FULL RANGE OF PRODUCTS ONLINE AT WWW.METROPOULTRY.COM

VEGAN LARGE SIZE SQUARE RAVIOLI—20 PIECES/LB—5 PIECES/PORTION—6# CS.

#11533 MUSHROOM—Roasted cremini mushrooms, caramelized onions, mushroom béchamel and fresh herbs and spices, wrapped in an egg-less dough.

#11544 ROASTED VEGETABLE—Roasted eggplant, fresh carrots, fire-roasted red bell pepper and zucchini, perfected with fresh herbs and wrapped in an egg-less dough.

#11581 ARTICHOKE & SPINACH—Artichoke and garden fresh spinach wrapped in a black pepper dough.

#11583 SPICY EGGPLANT, SHIITAKE & TOMATO - Perfect blend of eggplant, shiitake and tomato wrapped in parsley dough.



ROUND RAVIOLI—26 PIECES/LB—6 PIECES/PORTION—6# CS.



#11582 CHICKEN & SMOKED BACON

Sous vide chicken is blended with caramelized onions, garlic, herbs and crisp, applewood-smoked bacon all wrapped in round delicate egg dough.

#11921 SMOKED MOZZARELLA

Smoked mozzarella, ricotta and romano cheeses wrapped in round delicate egg dough.

#11962 WILD MUSHROOM

Fresh cremini and shitake mushrooms mixed with ricotta and romano cheeses wrapped in round delicate egg dough.

#11522 ARTICHOKE & GOAT CHEESE

Artichoke and goat cheese in round chive, lemon & parsley dough.



JUMBO ROUND RAVIOLI—6 PIECES/LB—1-2 PIECES/PORTION—6# CS.



#11792 ROASTED BUTTERNUT SQUASH—Slowly roasted butternut squash is mixed with sweet herbs and folded with creamy ricotta all wrapped in jumbo round egg dough.

#11102 SIX CHEESE—Ricotta, parmesan, romano, mozzarella, fontina and asiago cheeses with a touch of garlic, wrapped in jumbo round egg dough.

#11555 VEGAN ROASTED VEGETABLE—Roasted eggplant, onions, carrots, red bell pepper and zucchini perfected with fresh herbs. Wrapped in jumbo round egg-less dough.

Metropolitan is committed to producing healthy, all natural products through wholesome manufacturing. We use whole, fresh ingredients of the highest caliber and cook those ingredients in our kitchen like you would in yours. That is exactly what lends our products their great flavor. No flavor enhancers, no ingredients you cannot pronounce- simply real, all natural food.



CHEESE TORTELLINI

3.4OZ/PORTION

Swiss, Fontina, parmesan, ricotta and romano cheeses, blended with fresh garlic and spices wrapped in savory dough.

#11500 EGG DOUGH/6LB CS.

#11517 SPINACH DOUGH/6LB CS.

#11501 TRICOLOR DOUGH/6LB CS.

RAVIOLINI

#11512 CHEESE RAVIOLINI

A blend of fresh cheeses shaped into small raviolis and wrapped in spinach & egg dough.



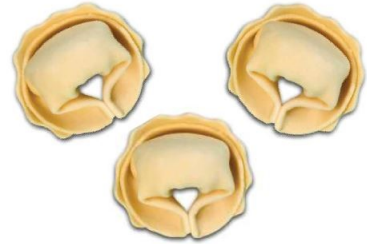
AGNOLOTTI

#11510 LEMON & RICOTTA AGNOLOTTI

Ricotta, Mozzarella, Parmesan and Cheddar cheeses blended with the perfect touch of lemon zest wrapped in egg dough. 10lb cs.

#11537 WILD MUSHROOM AGNOLOTTI

Fresh cremini and shitake mushrooms mixed with ricotta and romano cheeses, wrapped in egg dough. 6lb cs.



CHEESE TORTELLONI

3.4OZ/PORTION

An Italian classic filled with four cheeses and either fresh spinach and garlic, slowly roasted butternut squash with sweet herbs, or veal and Italian mortadella. All flavors wrapped in egg dough.

#11530 SPINACH & GARLIC/6LB CS.

#11967 BUTTERNUT SQUASH/10LB CS.

#11598 VEAL MORTADELLA/6LB CS.





FLAT PASTA—10LB/CASE (53 PORTIONS/CASE)

#11957 EGG FETTUCCINE

#11540 EGG TAGLIATELLE

#11928 EGG PASTA SHEETS 9X12

#11593 SAFFRON FETTUCCINE **S/O**

#11502 **GLUTEN FREE** EGG FETTUCCINE 12/9OZ (RETAIL PACK)

GNOCCHI 5.3OZ/PORTION

#11523 POTATO - 6# CS.

#11919 RICOTTA - 10# CS.

#11969 SWEET POTATO - 10# CS.

#11536 BUTTERNUT SQUASH - 10# CS.



ALL NATURAL SAUCES— 4 CONTAINERS x 2LBS

#11955 **CLASSIC MARINARA SAUCE** **GLUTEN-FREE VEGAN** -

Traditional sauce made with tomato fresh garlic and basil.
A culinary favorite.

#11963 **EGGPLANT MARINARA** **GLUTEN-FREE VEGAN**—Roasted eggplant, imported tomatoes, sweet onions and caramelized garlic make the core of this savory Mediterranean classic.

#11901 **POMODORO SAUCE** **GLUTEN-FREE VEGAN**—Imported Italian tomatoes and gently sautéed onions finished with fresh basil, extra virgin olive oil and seasoned to perfection.



#11513 **ALFREDO SAUCE** **GLUTEN-FREE**—A blend of lightly reduced fresh cream, Romano and parmesan cheeses, seasoned with salt, fresh ground black pepper and nutmeg.

#11906 **BASIL PESTO** **GLUTEN-FREE**—The classic combination of basil, fresh garlic, olive oil, parmesan cheese and pine nuts. Enjoy it as a spread or add olive oil or cream to use with your favorite foods.

#11939 **SUNDRIED TOMATO PESTO** **GLUTEN-FREE**—A savory blend of sun dried tomatoes and fresh herbs mixed into a delightful sauce. Perfect for dipping, spreading or tossed with your favorite pasta.

